



Make the most of your visit

For an effective eye examination, your eye care professional needs to know as much as possible about you. Fill out this form to remind you of your concerns — then print it out and take it with you.

1. Describe any vision problems you are experiencing.

- Loss of vision
- Rubbing eyes excessively
- Blinking more than usual
- Squinting
- Crossed or misaligned eyes
- Bulging of one or both eyes
- Recurring eye infections
- Red-rimmed, encrusted or swollen eyelids
- Inflamed or watery eyes
- Other

2. Describe any recent eye injuries or surgery.

Date _____
Hospital _____
Doctor _____
Procedure _____

3. Describe any other health problems.

Allergies _____
Chronic health problems _____
Operations _____
Other _____